Preparing for your child's Cardiac Pre-Admission Visit

What is cardiac pre-admission?

In the cardiac pre-admission clinic we check your child's heart and health before they have their cardiac surgery or procedure. Your child is required to attend the cardiac pre-admission clinic before their surgery or procedure is scheduled.

What is done in the pre-admission clinic?

Your child may have tests such as an ECHO, ECG, x-ray, and blood test. We also provide you and your child with information about the surgery or procedure and what to expect.



ECG



ECHO



X-RAY



BLOOD TEST

Where to go

The pre-admission clinic is located on the ground floor, at specialist clinic Desk A3. This area may be familiar if your child has visited the cardiology outpatient department before.



Length of visit

Pre-admission can take a big part of the day, from 8:30am to 4:30pm. If possible, it's a good idea to have someone else look after siblings or help with school or childcare pick-up. So you can focus on your child's appointment and getting ready for their cardiac surgery or procedure.

Who you will meet

You will meet different members of the team who will be involved in your child's care. This may include nurses, doctors, cardiac surgeons, and other healthcare professionals.

The pre-admission nurse will help you and your child navigate your pre-admission visit, and will answer any questions you have.

Preparing for your visit

Please return the health questionnaire. This information assists us to plan your child's preadmission visit. If your child is over 18 months of age, ensure they have had their 'Dental Fitness' completed to avoid cancellation or delays to their cardiac surgery or procedure.

What to bring on the day

- your child's medication
- maternal child health book (for infants/babies)
- dental clearance (for children over 18 months old)
- health questionnaire (if not already returned)
- favourite book, toy or device for distraction during the tests
- snacks, drinks, formula, bottles, nappies
- a blanket for an infant or baby
- your child should wear comfortable clothing that is easy to remove for tests



